



# Nature Yoga Classes for Kids

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At the Secaucus Green  
Festival May 7th

## Class Times

11AM - 11:30 AM

11:45 AM - 12:15 PM

12:30 PM - 1:00 PM



Join us for a super fun kids yoga class inspired by nature! All abilities welcome. Ages 3 and up. Parents welcome to participate. If you'd like to be on a mat instead of the grass for the class, please bring your own mat!

### Class Location

The grass behind the gazebo on Riverside Station Boulevard

Bring your own mat!

