



# April 2022 Senior Citizen Newsletter

Watch Out for April Fool's Day! Let's hope we can say goodbye to winter and welcome the warm weather! Time to come out and show your creativity painting, crocheting, knitting, sewing and join us on Wednesdays at the senior center 8:30am so, whether you are a novice or a natural, we want to see your work. Senior yoga is still in full stretch on Monday and Friday mornings at 10am. Water aerobics start at 11am every Wednesday. Our mall trips are Saddle Brook, Rockaway, Willowbrook and Woodbridge Malls. Our favorite eateries this month are Rutt's Hut, Segovia Meson, Casa DiNapoli, and Park Tavern. New this month for breakfast The Stack for some delicious pancakes on Friday, April 1<sup>st</sup> and I-Hop on Friday, April 22<sup>nd</sup>. The town wide garage sale is Saturday, April 30<sup>th</sup> register your address on the town web site. The Casino trips this month will be on Wednesday, April 6<sup>th</sup> to Resort World and Wednesday April 20<sup>th</sup> to Wind Creek Casino. The Kerasotes movie will be on April 27<sup>th</sup> at 11am doors open 10:30am. Center Closed for Good Friday April 15<sup>th</sup>.

Happy  
Easter

**Easter** - celebrates Jesus Christ's resurrection from the dead and is Christianity's most important holiday. It has been called a moveable feast because it doesn't fall on a set date every year, as most holidays do.

**Passover** - One of the Jewish religion's most sacred and widely observed holidays, Passover commemorates the story of the Israelites' departure from ancient Egypt, which appears in the Hebrew Bible's books of Exodus, Numbers and Deuteronomy, among other texts. Jews observe the weeklong festival with a number of important rituals, including traditional Passover meal known as a seder, the removal of leavened products from their home, the substitution of matzo for bread and the retelling of the exodus tale.

## Birthdays in April are:

**Meena Bhavsar, Edie Cardaci, Phil Cardaci, Peramjit Chugh, Michele Dragona, Sheila Finklestein, Luz Gaetan, Pat Gallietti, Marie Goglia, Patricia Hjelm, Eleanor Jepson, Gail Kennelly, Ranjinder Khanna, Louis Luzzo, Ann Maresca, Patricia Martinelli, Carmen McCoy, Russel O'Donnell, George Rasculiic, Eleanore Reinl, Rowan Rifkin, Stephanie Sheridan, Jeanne Spirito, Erlinda Vales, Loretta Vitulano.**



Senior Center: 201-330-2034  
Senior Citizen Bus: 201-865-4422  
Mayor's Office: 201-330-2005  
Golden Age: 201-864-9502

Social Services: 201-330-2014  
Housing Authority: 201-867-2957  
Library: 201-330-2083  
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094  
Recreation Center: 201-330-3299  
Police/Fire Dept: 201-867-8000  
Social Security: 800-772-1213

Medical Escort: 201-330-2082  
Hospital: 201-392-3100  
Town Hall: 201-330-2000  
PAAD/Lifeline 800-792-9745