



January 2022 Senior Newsletter



Wishing you a Happy & Healthy New Year! May all your wishes come true this holiday season! We welcome in 2022. So far it has brought some cold weather. By this time last year, we've endured several obstacles.

We had a challenging year in 2021 and look forward to a fun filled and busy 2022. There are a few lunch time favorites back on the calendar this month including Applebee's, Justins, Harolds and Olive Garden. We added breakfast at I-Hop on Friday, 14th at 8am come enjoy the time with friends. Call 201-865-4422 to make your reservation. Shopping Malls this month are Willowbrook, Rockaway, American Dream and Woodbridge. Our Casino trips are Mt. Airy in Mt Pocono, Pa and Wind Creek Casino in Bethlehem, Pa. Come out and try your luck!

Masks are required on the bus at all times. Golden Age Meeting will be held at ICC 1:00 pm on Thursday, January 13th.

Did you know: The name January came from a Roman God Janus, who was always shown as having two heads. He looks back to the last year and forward to the new one. On average, January is the coldest month of the year in the Northern Hemisphere and

second month of the winter. January is the only month when the North Pole is colder than the South Pole. Birthstone: Garnet Two Zodiac signs associated with January are Capricorn and Aquarius.

The center will be closed Monday, January 17th in observance of Martin Luther King Day. There will be no bus service.

Age is an issue of
mind over matter.
If you don't mind,
it doesn't matter.
Mark Twain

"Life is like a mirror. Smile at it and it smiles back at you."

-Peace Pilgrim

Birthdays in January are: Ceil Aloutto, Australia Latimore, Flora Bauzon, Maria Bellido, Berta Bueso, Carol Ann Cariero, Roxanne Cintron, Donna Cipriano, Pat Degelman, Sudha Doshi, Kirtikant Doshi, Marta Ercolano, Helen Evans, Maureen George, Julianna Gurner, Naina Hira, Catherine Kaspar, John Kennelly, Sue Kolodziej, Janice Kozak, Sharon Kramer, Anna Macam, James Marionucci, Gerard Marra, John Juan Medina, Doreen Morgan, Angela Peko, Rich Pero, Andrea Salzano, Joe Segro, Barbara Smith, Joe Sniadach, Carol Stuart, Florence Tarantino, Elinor Taylor, Joseph Testa, Fred Thompson, Donald Whitrock



Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745