

# July 2022 Senior Citizen Newsletter

Welcome to July! Keep Cool on those hot sunny days at the town pool or come enjoy a game of Bingo at the senior center on Monday and Thursday starting at 12 noon. Bingo is canceled for the month of July at the Elms. Bingo at Kroll Heights will be on Tuesday 12<sup>th</sup> and Tuesday 26<sup>th</sup> at 6:30 pm for the month of July. The Art/Craft and Garden club meets at the senior center every Wednesday at 8:30am. Anyone is welcome to join. We will be going to Demarest Farms on July 8<sup>th</sup>. Shop-Rite shuttle will continue Tuesday at 8am and Saturday at 11:30. Walmart shuttle is every Thursday and Saturday at 8:00am. Reservations are required for all trips. Our lunch trips are Applebee's, Pizzeria Uno, Fiona's, and an old favorite Royal Warsaw. The movies this month are on Wednesday, July 27<sup>th</sup>. On July 6<sup>th</sup> we will be traveling south to a day at the beach in Seaside Heights and back again south to Point Pleasant Beach on the 20<sup>th</sup>. Our Casino Trip will be to Parx Casino Bensalem, PA Wednesday, July 13<sup>th</sup>.

Trip suggestions are welcomed. The Center is closed Monday, July 4<sup>th</sup>.  
**Stay Safe this summer:** Wear a hat and loose clothing while outdoors. Choose light colors to reflect heat. Stay hydrated and use sunscreen on exposed skin while out in the sun.  
**Fun Facts:** The birthstone for July is Ruby. The month of July was named after Julius Caesar.

We wish all to enjoy the holiday.  
Please stay safe !



**Birthdays in July are:** William Appleman Louise Azzara, Carmen Bernabe, Gloria Brower, Bernice Calder, Edna Caraway, Jim Clancy, Tony Cutola, Tom Daly, Marie DeMartine, Joe DeMartine, Nina DeRocco, Manuel Flores, Wanda Giambrone, Donna Green, Barbara Hamel, Kalpanabe Kothari, Anna Luis, Brenda McIlveen, Camilo Mendez Transito Rivas, Maria Rodriguez, Elizabeth Rutigliano, Nayrouz Sadek, Annette Shao, Ashley Ali



Senior Center: 201-330-2034  
Senior Citizen Bus: 201-865-4422  
Mayor's Office: 201-330-2005  
Golden Age: 201-865-1345

Social Services: 201-330-2014  
Housing Authority: 201-867-2957  
Library: 201-330-2083  
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094  
Recreation Center: 201-330-3299  
Police/Fire Dept: 201-867-8000  
Social Security: 800-772-1213

Medical Escort: 201-330-2082  
Hospital: 201-392-3100  
Town Hall: 201-330-2000  
PAAD/Lifeline 800-792-9745