



# April 2024 Senior Citizen Newsletter

Watch Out for April Fool's Day! Let's hope we can say goodbye to winter and welcome the warm weather! Time to come out and show your creativity painting, crocheting, knitting, sewing and join us on Wednesdays and Fridays at the senior center 8:30am so, whether you are a novice or a natural, we want to see your work. Senior yoga is still in full stretch on Monday and Friday mornings at 10am. Water aerobics start at 11am every Wednesday. Our mall trips are Willow brook & Woodbridge. The outside shopping will be Tinton Falls and Peddler's Village. Our favorite eateries this month are Justin's, Biggies and Rutt's Hutt. The town wide garage sale is Saturday, April 27<sup>th</sup> register your address on the town web site. The Casino trips this month will be on Wednesday, April 3<sup>rd</sup> to Wind Creek and Wednesday April 17<sup>th</sup> to Mt. Airy. The Kerasotes movie will be on Tuesday, April 23<sup>rd</sup> at 11:30am doors open 11am. Come join us for the Walk at American Dream and stretch your legs every Monday this month at 10am. Sign up for the Spring Fling on Thursday, April 11<sup>th</sup> @ call 201-865-4422.

Happy Easter

**Easter** - celebrates Jesus Christ's resurrection from the dead and is Christianity's most important holiday. It has been called a moveable feast because it doesn't fall on a set date every year, as most holidays do.

**Passover** - One of the Jewish religion's most sacred and widely observed holidays, Passover commemorates the story of the Israelites' departure from ancient Egypt, which appears in the Hebrew Bible's books of Exodus, Numbers and Deuteronomy, among other texts. Jews observe the weeklong festival with several important rituals, including traditional Passover meal known as a seder, the removal of leavened products from their home, the substitution of matzo for bread and the retelling of the exodus tale.

## Birthdays in April are:

**Meena Bhavsar, Edie Cardaci, Phil Cardaci, Peramjit Chugh, Michele Dragona, Luz Gaetan, Pat Gallietti, Patricia Hjelm, Gail Kennelly, Louis Luzzo, Ann Maresca, Patricia Martinelli, Carmen McCoy, Russel O'Donnell, Eleanore Reinl, Rowan Rifkin, Stephanie Sheridan, Jeanne Spirito, Erlinda Vales, Loretta Vitulano**



**Senior Center: 201-330-2034**  
**Senior Citizen Bus: 201-865-4422**  
**Mayor's Office: 201-330-2005**  
**Golden Age: 201-864-9502**

**Social Services: 201-330-2014**  
**Housing Authority: 201-867-2957**  
**Library: 201-330-2083**  
**Medicare: 800-633-4227**

**Meals on Wheels: 201-330-2094**  
**Recreation Center: 201-330-3299**  
**Police/Fire Dept: 201-867-8000**  
**Social Security: 800-772-1213**

**Medical Escort: 201-330-2082**  
**Hospital: 201-392-3100**  
**Town Hall: 201-330-2000**  
**PAAD/Lifeline 800-792-9745**